# Vidarbha Youth Welfare Society's

## INSTITUTE OF PHARMACEUTICAL EDUCATION AND RESEARCH

Borgaon (Meghe), Wardha (M.S.)

# **Best Practices**

2024-25

## **Best Practice 1:**

# 1. Title of the practice:

Health awareness programme

#### 2. Goals:

- 1.To raise awareness among students and the general public in rural areas regarding a variety of health and wellness-related topics.
- 2. To instill a sense of personal responsibility for one's health among students and the general public in rural areas.
- 3. To encourage students and the general population in rural areas to develop healthy habits.
- 4. To present a range of health concerns and explain their significance in everyday life.

# 3. The Context:

The majority of our college students come from extremely rural locations. The rural populace and those students are ignorant of nutrition and health. As a result, keeping an eye on students' health has grown more crucial. People in rural areas have a low level of health awareness. As a result, raising health awareness among college students and those living in rural areas is crucial. It would be possible to raise students' awareness of healthy eating habits and health consciousness if we created an interactive health awareness program.

# 4. The Practice:

The following actions have been performed on campus to support the worthy goals of health awareness program:

- 1. Blood donation and health checkup camp programs: The institution frequently organizes free blood donation and health exam camps to raise awareness and foster a healthy environment.
- 2. On June 5, 2025, the Institute held a quiz contest in observance of World Environment Day. On this particular day, students actively took part in the tree plantation effort and assisted one an other in planting the young trees.
- 3. On June 21, 2024, the Institute of Pharmaceutical Education and Research, Borgaon (Meghe), Wardha's National Service Scheme (NSS) unit observed International Yoga Day from 3:00 to 5:3 0 p.m.
- 4. On July29, 2024, outside the college grounds, the Institute of Pharmaceutical Education and Wardha's NSS Unit held a "Tree Plantation" program.
- 5. On September 17, the Institute of Pharmaceutical Education Wardha's National Service Scheme NSS Unit hosted Eco-Friedly Ganesh Visarjan.
- 6. The NSS Unit of the Institute organized the "Swachhata Hi Seva: Swachhata Campaign" on September 30, 2024, at Borgaon (Meghe), Wardha, near Satyashram Lawn, Hinganghat Highway Road
- 7. The NSS Unit of the Institute, in collaboration with Mahatma Gandhi Ayurved College Hospital and Research Centre, organized the Prakruti Parikshan Campaign on 20th December 2024 at 11:00 AM.
- 8. The NSS Unit of the Institute organized a Patient Counselling Awareness Programme on Dengue and Malaria at PHC, Waigaon (Nipani), and Sub-Centre, Borgaon (Meghe), Wardha, on 28th December 2024, starting at 10:30 AM.
- 9. Institute has successfully conducted the "Health Awareness Programme" on account of 63<sup>rd</sup> National Pharmacy Week Celebration: 2024 held under the theme "Think Health, Think Pharmacy" on 26<sup>th</sup> December 2024

# 5. Evidence of success:

- 1. The NSS unit of the institute, in collaboration with the Datta Meghe Institute of Medical Sciences, Sawangi (Meghe), Wardha, held a blood donation camp where around 22 students donated blood. On April 16, 2025, IPER held a medical examination camp. About 107 girls and 47 boys in the B. Pharm and M. Pharm courses were examined by medical officers.
- 2. A total of 92 students took part in the quiz contest. Students took part in a program that planted trees.
- 3. In collaboration with the Patanjali Yoga Centre in Wardha, a yoga camp was held at the institute. On the occasion Dr. Suhas Khandare, Ex-Prof. and Head, Department of Microbiology, Bajaj College of Science and Falun dafa Practitioner, Wardha demonstrated

the different Yoga Positions. The camp was attended by 171 students of B. Pharm and M.Pharm, teaching and non-teaching staff of the institute.

4. On September 23, 43 B. Pharm and M. Pharm students took part in the "Tree Plantation" event off campus.

- 5. The Eco-friendly Ganesh Visargen program involved 63 B. Pharm and M. Pharm students as well as teaching staff.
- 6. 38 B. Pharm and M.Pharm students took part in the Swachhata Hi Seva: Swachhata Campaign.
- 7. 49 B. Pharm and M. Pharm students participated in the NB EMS CPR Awareness Program.
- 8. 357 students from B.Pharm and M. Pharm took part in Desh Ka Prakruti Parikshan Campaign
- 9. 86 students from B.Pharm and M. Pharm took part in Health Awareness Program on Dengue and Malaria Disease.
- 10. B.Pharm Third Students took part in Health Awareness Program under the theme Think Health, Think Pharmacy.

# 6. Problems encountered and resources required:

In any program, dealing with a variety of people, adjusting to change, and maintaining motivation are common issues. People in rural places are not prepared to discuss the illness.

(Dr. R.O. Ganjiwale)

Principal and Chairman IQAC
PRINCIPAL

Institute of Pharmaceutical Education & Research Borgaon (Meghe), Wardha

#### **Best Practice 2:**

# 1. Title of the practice:

Universal Human value

#### 2. Goals:

- a. To teach ethics and values to our students so they can recognize and embody all the virtues of professional ethics and human values.
- b. To foster in our students the development of technical and managerial skills as well as the ability to live in harmony with other people and the rest of nature.

### 3. The Context:

The majority of the current educational system is now skill-based. The main focus is on technology and science. However, technology and science can only assist in providing the means to do what is deemed valuable. The ability to determine what is truly valuable is outside the purview of science and technology. One of the most important gaps in the current educational system is human value education. This shortcoming could lead to major catastrophes at the individual, societal, and environmental levels and make the majority of our efforts ineffective. Understanding human ambitions, determining what is genuinely worthwhile in life, and devising a plan to fulfill them are the main goals of human value education.

## 4. The Practice:

The following initiatives have been taken in the campus for promotion of universal human value:-

- 1. The six-day Student Induction Program (SIP) for B. Pharm was organized by the Institute of Pharmaceutical Education at Research, Borgaon (Meghe), Wardha. Students in their first year, November 11–17, 2024. Assistant Professor Mr. Sunil Dewani educated the students on professional ethics and universal human values.
- 2. To fulfill it, a field trip was planned to the Ushahakaal Baalgruh and Shree Chhaya Baalgruha, Nalwadi, Wardha.

# 5. Evidence of success:

- 1. Students enrolled in the six-day Student Induction Program (SIP) were B.Pharm I students.
- 2. A set of everyday necessities was given to the kids of Ushahakaal Baalgruh and Shree Chhaya Baalgruha, Nalwadi. There were about twenty-eight students on the field trip.

# 6. Problems encountered and resources required:

It takes determination and willpower to advance global principles and ideals. Motivating young people and maintaining consistency in their behavior are difficult tasks.

(Dr. R.O. Ganjiwale)
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